



FOUNTAIN GATE PHYSIOTHERAPY

427 Princes Hwy, Narre Warren, Phone: 9796-7599, Fax: 9796-0341

www.fountaingatephysio.com.au

info@fountaingatephysio.com.au

twitter:@fgphysio

You can find us on Facebook and Google+

Physiotherapists

Christopher Rodgers

Rodney Nieuwenhuizen

Tracey Bennett

Myotherapist

Laura Steedman

Management of Whiplash

Whiplash is an acceleration-deceleration mechanism of injury to the neck. It most commonly happens in motor vehicle accidents.

Whiplash can potentially affect bony, ligamentous, neurological and muscle structures.

The main symptoms can include neck

pain and headaches. Other symptoms may include neurological symptoms, dizziness, tinnitus and visual disturbances.

The most recent and strongest supporting evidence for Physiotherapy treatment of whiplash is early mobilisation and exercise programs.

Prognosis is variable depending on the severity of the initial injury. However outcomes are generally positive.

Studies have shown that people who are positive about recovery and resume their normal daily activities earlier and as tolerated may recover faster than those who

markedly alter or reduce their activity level for a period.

At Fountain Gate Physiotherapy we encourage and support patients to stay active and resume work when as soon as possible.

Occupational Physiotherapy

The TAC allows authorised Occupational Physiotherapists to bill the TAC directly for treatment of a client's transport accident injuries.

There is no cost to the TAC client.

At Fountain Gate Physiotherapy, Chris Rodgers and Rod Nieuwenhuizen are

TAC approved Occupational Physiotherapists. This means they can treat your TAC clients without the need to pay the TAC excess.

The only requirement is that the client has an accepted TAC claim. Which can be easily arranged by the

client contacting the TAC directly.

Treatment is guided by the Clinical Framework set out by the TAC.

These principles include measurement of the effectiveness of treatment, adoption of a biopsychosocial approach and evidenced based

practice.

As well as empowering the client to manage their injury and implementing functional goals focused on participation and/or return to work.